



# Enroll in a Health Plan that Delivers Like you Do

The Rural Carrier Benefit Plan (RCBP) is the only plan dedicated to rural letter carriers, annuitants, and their families. Membership is restricted to members of the National Rural Letter Carriers' Association (NRLCA).

With RCBP, you could **save** on your 2025 biweekly premiums compared to plans with similar benefits. Compare our rich benefits to your current carrier and see why RCBP members stay with us!

You'll get comprehensive coverage that includes:

- A large nationwide provider network of over 1.9 million providers and hospitals
- \$20 copays for in-network primary care provider office visits

- \$35 copays for in-network specialist office visits
- **100%** coverage for in-network cancer treatments, preventive care, and maternity care
- Drug coverage with low copays (including low mail order rates through CVS pharmacies)
- Generous wellness incentive program for members 18 and over – earn up to **\$400** every year!
- Massage therapy coverage
- Free programs to help you manage your health like Health Coaching, a Back and Joint Program, a 24-Hour Nurse Advice Line, a Lab Savings Program and telehealth services

## How much does RCBP cost?

Enrollment Type	Code	Bi-weekly Rates	Monthly Rates
Self Only	79A	\$146.51	\$317.44
Self + 1	79C	\$282.53	\$612.15
Self & Family	79B	\$273.37*	\$592.30*

**\* Choose Self and Family to save money!**

RCBP has two great options for annuitants including our own Aetna Medicare Advantage for RCBP which includes prescription drugs and the SilverScript® Employer Prescription Drug Plan (PDP) for RCBP. Both are designed to integrate with Medicare resulting in lower out of pocket costs for you!

### Have questions?

Dedicated RCBP representatives are ready to answer your questions at **1-800-638-8432 (TTY: 711)** or you can visit **[RCBPhealth.com](https://www.rcbphealth.com)**.

RCBP has been providing superior service to rural letter carriers nationwide for more than 60 years. We encourage you to consider joining RCBP under the Postal Service Health Benefits Program starting 1/1/2025.